



## PERSONAL INFORMATION

Vita Mithi

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 [Vitavmithi@gmail.com](mailto:Vitavmithi@gmail.com)

Sex Male | Date of birth 12 February, 1996

Job Applied For

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## WORK EXPERIENCE

July 1<sup>st</sup>, 2020 – Present

Tobacco Harm Reduction, Enhanced Scholar  
**Knowledge Action Change, UK - Tobacco Harm Reduction, Malawi Lilongwe**

Conducting a study on prevalence and determinants of ngirimbo consumption as a method of tobacco harm reduction among smokers: Attention on toxicology.

August 17, 2019- Present.

Internship/Systematic Review (Research Assistant)

**Global Health Impact - Binghamton NY**

<http://globalhealth.pythonanywhere.com/>

- Collecting and analyzing data.
- Research analysis/systematic review.
- Literature survey.

June 15, 2019- 11 April, 2020

Tobacco Harm Reduction Scholar

**Knowledge Action Change, UK - Tobacco Harm Reduction, Malawi Lilongwe.** <https://scholarships.kachange.eu/scholars/2019-scholars>

-Conducted a Research titled; nature or use of tobacco harm reduction products in smokers in Malawi: Case Study of Chitipa, Ntcheu and Balaka districts.

- Project/research management.
- Manuscript/report documentation.

January 07, 2019 – Present

Ambassador

**Maphunziro 265** [www.maphunziro265.com](http://www.maphunziro265.com)

**Mzuzu Mhub**

- Mapping secondary schools to be targeted with Maphunziro 265 mentorship sessions.
- Conducting stand out talks and mentorship sessions.
- Identifying potential students for sponsorship program.
- Disseminating information on social media platforms.
- Conducting follow ups on students being sponsored.

September 19 – October 1<sup>st</sup>, 2018

Research Assistant

**WORLD VISION INTERNATIONAL MALAWI** - Blantyre South

- Interviewing households and entering data into tablets Open Data Kit.
- Managing Survey information.
- Managing organization's gadgets (Tablets) being used for the survey.
- Verifying completeness of data/Data Audit.

June 20, 2017 – June 25, 2018

Internship

**Youth Net and Counseling –YONECO**

**Balaka District**

- Family planning health services management including condom distribution, ensure health worker/provider for HTC and Family planning have signed work sheet.
- Contributing in Budgeting, Planning, Monitoring and Evaluating of district activities together with stakeholders.
- Conducting awareness campaigns in primary and secondary schools on Sexual Reproductive Health and Human rights and other health related issues.

-Contributing towards Condom distribution and establishment of Female sex workers clubs as access points for condoms for high risk groups.

EDUCATION AND TRAINING  
Bachelor of Science in Public Health

August 25, 2013- October 07, 2017

**Dissertation: Implications of Poor Drainage Systems of Out-Door Bathrooms on the Residence of Ching’ambo Township in Mzuzu City.**

PERSONAL SKILLS

Mother Tongue(s) Tumbuka

Other Languages

	Understanding		Speaking		Writing
	Listening	Reading	Spoken Interaction	Spoken Production	
<b>Chichewa</b>	C1	B1	B2	C2	B1
<b>English</b>	C1	C2	B2	C1	C2

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2: Proficient user  
Common European Framework of Reference for Languages

**Communication skills** team work: I have worked in various types of teams from research teams to youth Initiatives. For 5 months I have lead a youth orphanage outreach network and obtained a certificate.  
- facilitating skills: I am good at teaching. For example, at Youth Net and Counseling, I piloted Computer lessons to youths. Furthermore, I could give report Presentations, Represent and secretariat meetings for Civil Society Organizations Network of Balaka District.  
- Intercultural skills: I am experienced at working with different people of different cultures or race. At World Vision Malawi, I worked with different people of different race in a research study.

**Organizational / managerial skills** I have managed and lead research teams in the investigation of tobacco harm reduction methods across the country.  
Whilst working for a Youth Net and Counseling, I organized a ‘Citizen Hearing on Malawi’s Performance towards Achieving Sustainable Developmental Goals 2030’ under a movement Known as Generational Leadership Initiative.

**Computer skills** Competent with most of Microsoft Office package and Power Point. Experience with statistical packages for data analysis (SPSS, EXCEL and STATA).

**Other skills** learning new courses on Coursera, edx, TDR and Authoraid platforms. Photo shooting, Evangelization, Charting, Reading; philosophy books, bible and newspapers, Enjoy watching soccer, movies, series and listening to music.

**Driving license** **B.**

ADDITIONAL INFORMATION

Mentorship Program Global Thinkers Mentors <http://globalthinkersmentors.org/vita-mithi>

**Publications** Tobacco Harm reduction and human right to health. [www.thrmalawi.info](http://www.thrmalawi.info). (2019)  
Tobacco Harm Reduction: One of the Alternatives towards Achieving SDG 3. [www.thrmalawi.info](http://www.thrmalawi.info). (2018)  
Cigarette butts: A threat to the health of under-five children. [www.thrmalawi.info](http://www.thrmalawi.info). (2018)

**Awards** Questioning as we learn - An introduction to critical thinking (June 2020)  
Research Writing in the Social Sciences (2020)  
Crossroads: Strengthening Community Health Workers Programs - HarvardX, an online learning initiative of Harvard University. Certificate (2019)  
Research writing in the Sciences Certificate - by AuthorAID project of INASP <https://moodle.inasp.info/badges/mybadges.php>. (2019)

Certificate of Participation –orphanage outreach 2018. Volunteer Team leader [www.dec2rem.org](http://www.dec2rem.org).

Membership    Medical Council of Malawi – Public Health Officer (Certificate # 115/ Reg. # MCM/PHO/0015).  
International Youth Alliance for Family Planning – Member.  
Academic Stand Against Poverty <http://academicsstand.org>